

Chair's Statement

Welcome to the Valley Striders AC AGM update, this year the committee decided to continue with last year's approach of providing an AGM report rather than a face-to-face meeting. Next year we will hopefully return to normal.

I'd like to start the statement with a large thank you to Myra Jones who is stepping down from both Ladies Captain and a key member of the committee for many years. Myra has been integral to the running of the club for years and on behalf of myself and the club we are very grateful for Myra's hard work and dedication, something which will definitely be missed.

Additionally, John Hobbs and Daz Hibberd are also standing down as men's captains. Again, on behalf of myself and the committee, thank you for all the work you have undertaken over the years.

We have some new captains for the club who are all very keen to contribute to the successful running of Valley Striders AC to ensure that we continue to be high up in the Leeds and National Leagues of running clubs, some further information on the new captains can be found lower down in this report. Our new captains are Sam Harris, Rachel Davidson (Ladies) and John Shanks, David Song (Mens). Additionally the committee have created a new exciting role of Junior Transition Leader which Tom Thomas will be undertaking, the key aim for this role is to enable our older junior runners to transition into our senior training groups and teams. Sam, David and Tom will also be joining our committee. In addition to our captains' team, we also have Jon Pownall our Fell Captain, Jon started the role in 2020.

Welcome to the team Sam, Rachel, John, David and Tom.

It felt like nearly back to normal this year with a much more successful running year for most as compared to 2020. Let's hope this continues into 2022.

Steph

Treasurer's Report

Valley Striders – Treasurer's Report for 2020-21

The separate sheets provided detail the financial accounts for the Valley Striders Athletics Club for the period 1st Sept. 2020 to 31st Aug. 2021.

I hereby declare that the information given herein is a true and accurate account of all the financial activities for the runners' section of the Valley Striders Athletics Club for the year 2020-21.

Signed:



Mick Tinker, Treasurer

Dated: 4th December 2022

2020-21 Overall Summary

- In a Club year when yet again there has been significant restrictions on our sport, with only a gradual return to normality, the Club has continued to maintain a healthy financial position, with most members choosing to renew their membership for the year 2021. Hopefully you'll continue to remain members through 2022 (and there's a discount available for those who do – see below)
- You may remember that last year the Committee voted to extend the membership year (MY) by 4 months at no extra cost to members, thus making the MY match the calendar year from now on. As the financial year (FY) still runs from September to August, we now bring one third of your previous year subscriptions forward into the new FY and carry one third of the new MY subscriptions over into the next FY
- This meant that our income from membership subscriptions for the year 2020-21 was **£7,889** for Seniors and **£3,281** for Juniors
- Of this, **£3,780** was paid to England Athletics to cover first claim memberships (at £15 pp) for the year commencing 1st April 2021 and **£500** has been set aside to pay Northern Athletics (at £2 pp) for the year commencing 1st October 2021 (they waived the 2020-21 payments)
- The only other income for the year totalled **£21** (from late payments, donations and bank interest)
- As last year, we continued to support Leo's by paying the same quarterly fees (**£4,000**) that had been paid for the year 2019-20, even though only the Juniors Section took advantage of the Leo's facilities. This payment is split equally between Seniors and Juniors
- The other outgoings for the year totalled **£846** for Seniors and **£546** for Juniors. More details on these below
- The result of all of the above is that the Seniors ended up with a surplus of **£784** and the Juniors a surplus of **£744**
- The Club's cash reserves as of 31st August 2021 stood at **£9,249** for Seniors and **£1,199** for Juniors

Seniors Specific Details

- The Seniors section ended the year with a surplus of income over expenditure of **£784** - an increase of £499 over the previous year (PY). The forecast made in November 2020 was that there would be a surplus of £451 by year-end.
- **£3,652** was taken in from subscriptions, excluding the EA and NA portions. This compares to £3,455 in the PY, an increase of £197
- Last year England Athletics reduced their member affiliation fees from £16 to £15 but not until after we had already collected £16 from 222 members. This money was refunded by means a of £1 discount to what members paid to EA for the year 2021-22
- The outgoings of **£846** mentioned above was made up of ...
- **£188** for the Club's affiliation to England Athletics and British Triathlon Federation (up £6 on PY); **£160** for club member entries into the Bradford Millennium Way Relay Race held on 13/6/21. (£387 was paid by the club for team race entries in the PY); **£286** for Grand Prix t-shirts and running awards (down £18 on PY); **£209** was donated to the local Zarach Charity, which was the profit from the year 2019-20, as voted upon by members and other expenses of **£3**

Juniors Specific Details

- The Juniors section ended the year with a surplus on income over expenditure of **£744** (compared to a loss of £76 in the PY). The forecast made in November 2020 was that there would be a loss of £113 by year-end
- **£3,694** was taken in from subscriptions (£157 up on PY)
- In the previous year, subscriptions included the cost of entries into 11 junior races but only the PECO race series took place before lockdown, so the remaining funds of **£946** was refunded by means of a discount applied to the 2020-21 subs
- The outgoings of **£546** mentioned above was made up of ...
- **£40** to England Athletics for club affiliation (£3 less than PY); **£92** for awards (£23 down on PY); **£211** for the use of the GSAL track and field areas; **£123** for entries into the Golden Acre Relay Races, held on 6/7/21 and **£70** for stocking junior vests

Membership Numbers

- These are now provided in a separate report, from the Membership Secretary, Bob Jackson

The New Year 2021-22 (1st September 2021 – 31st August 2022)

- Once again it is difficult to predict what our expenditure will be over the financial year that we are now in but we expect a return to normality and so will expect to, for instance, fund teams entered into the large-scale relay events at local, county, region and national level

- We expect to affiliate to the same bodies as before and continue to pay for the use of Leo's as the Club's headquarters, even though only the Juniors have used the grounds for training so far in this financial year
- A provision has been made in the forecast for coaching costs, awards and junior track costs
- In the hope that things will continue to return to a more normal state over the next 9 months, it is proposed that the portion of the Seniors' membership subscriptions used to run the Club should remain the same as for the year 2020-21 – i.e. **£15** for runners and **£5** for social members & VSCC cyclists-who-run.
- **HOWEVER**, the committee would like to repay members for your ongoing loyalty to the club by using a large proportion of the 2020-21 Seniors "profit" to fund a **"20% Prompt Payment Discount"** for those members who pay their 2022 annual subscriptions **before 1st February 2022**. This discount will be **£3** for first claim members, **£1** for social members and **£1** for VSCC cyclists-who-run.
- It is further proposed that the remainder of the "profit" not taken by 1/2/22 be donated to a local (tbc) charity
- You are being asked to vote on these proposals in the Virtual AGM survey
- England Athletics have increased their individual membership cost by £1 to £16 but Northern Athletics membership remains at £2
- It is also proposed that the Juniors' membership subscriptions are **£40** with various discounts available. More details are provided in Bob Jackson's "Juniors' Report for 2021" report
- It is expected, that after being cancelled for the past 2 years, the Meanwood Valley Trail Senior and Junior Races will be held in 2022, hopefully operating at a profit to be donated to local charities
- Taking everything into account, the forecasts for the year to 31/8/22 are for a surplus of **£204** for Seniors and a surplus of **£207** for Juniors
- The bank balance as of 4th December 2021 was **£20,038** (which includes £2,487 carried forward from 2020-21)

Meet the New Captains

We are having a full change of order this year starting initially with Jon Pownall becoming Fell Captain after Ross moved to his dream location in the Lakes. With Myra, Daz and John stepping down for Ladies and Men's captains we have taken the opportunity to have two ladies captains, two mens captains (as previous) and a new Junior Transition Leader. The team will work together with members across all aspects of Valley Striders (Juniors, Fell and Seniors) to continue the great work undertaken by our previous captains and make improvements in the future. I hope you all join the committee in welcoming our new committee members.

Below is a bit of fun background for each person with an aim of what they want to achieve.



Name: Rachel Davidson **Role:** Ladies Captain

Fave Running Memory: Hugging my sister after running my pb at Manchester marathon in 2019

Best Running Achievement: Finally getting to the London Marathon finish line in 2021 after three training cycles, two cancelled races and a pandemic

What I love about running: The people it's connected me with, running friends are the best type of friends!

Worst running memory: Running PECO at West Park in storm Ciara, February 2020, seriously questioned my life choices

Favourite Race: Leeds Half Marathon because I know the roads

Favourite Running Distance: I prefer longer distances. The marathon is a bit of a beast so I would have to say my favourite distance is a half marathon.

Top Running Tip: When things get tough in a race always think positive thoughts. Have a mantra and repeat it in your head to get you through.

What I'm hoping to achieve in my role: I want to achieve girl power! I'd love to get people motivated and excited to join in team events and give people confidence to join in with races that they've not entered before. It would be great to have a VS ladies team so strong that we have other clubs quaking in their running shoes.



Name: Tom Thomas **Role:** Junior Transition Leader

Favourite Running Memory: Dewsbury 10k in 2019 after running watchless and realising with 50m to go that I could run sub 34. My previous PB was 37.25.

Best Running Achievement: Running 2.46 in my first (and only so far) marathon at Manchester in 2018. I just had a great training block and the most perfect day.

What I love about running: Having run since high school, it's the one constant thing that I enjoy and is vital to my physical and mental health. Sharing my passion with teammates, friends and new runners just adds to that.

Worst Running Memory: When I was second in the Pudsey 10k and then ended up throwing up at 4k. Finished about 300th!

Favourite Race: Knaresborough Crag Rat Run as I love the history of the place and it's a fantastically brutal race. A shout out for Scafell Pike Fell Race though - a true classic!

Favourite Running Distance: I enjoy a road 10 miles or half-marathon. The perfect distance for my enjoyment of suffering in rhythm.

Top Running Tip: Learn how to run on feel - I find that running GPSless and pacing off effort/ a stopwatch yields much better results!

What I'm hoping to achieve in my role: I am very excited about the opportunity to help out with junior to senior transition and see it as a way to bring two wonderful parts of the club more in line with each other. I would like to see strong competition, social links and wellbeing promoted through a properly unified club structure where everyone knows and adds to a real melting pot of talents! Also, let's knock Leeds City off their perch a bit with our talented runners and coaches.



Name: David Song **Role:** Mens Captain

Favourite Running Memory: Going on a run for my first date with my partner!

Best Running Achievement: Running 15.00 for 5k. Although agonizing not to find that extra second from somewhere

What I love about running: The inclusivity of the sport. There's a place for you whatever your ability!

Worst running memory: May or may not have done a Paula whilst running a half marathon in Fiji. (Although quite funny now looking back at it)

Favourite Race: Podium 5k. No frills, cheap and everyone turns up wanting to run fast

Favourite Running Distance: 5k. Hurts from about 200m in!

Top Running Tip: Consistency is most definitely key!



Name: Sam Harris **Role:** Ladies Captain

Favourite Running Memory: Winning a WYL cross country race: it was a brilliant feeling and I love a good race. I have dozens of lovely memories of the atmosphere at PECO XC and local road races with a big Striders turnout. However, there are so many of those memories to choose from and I know there will be more (not so many of winning anything).

Best Running Achievement: Running for Yorkshire in the Inter-Counties Cross Country Championships.

What I love about running: Everything! The days when it clicks and just feels easy, still gaining satisfaction when it doesn't, but you did it anyway. Feeling good afterwards. Taking part in races, trying to better times, analysing race results, setting targets for the future, friends, Sunday runs, being part of a team...

Worst running memory: The Spen 20 or any race where I have had to drop out. It's not so much about the race itself, but it usually means illness or injury, which means a long spell of not running.

Favourite Race: I really want to say parkrun (it offers something no matter where you are at with running), but "it's not a race". So, I'll go with anything fast, flat and on tarmac: Dewsbury 10K, Abbey Dash, Brass Monkey Half Marathon...

Favourite Running Distance: If I ever get the hang of them, I'll change my answer to half marathon.

Top Running Tip: Run lots!

What I'm hoping to achieve in my role: I would like to build upon the sense of team spirit within the club. I would love to see the club do well in team events: that may be winning or finishing in the top 3 in local events, or it may be finishing in the top 50 in a national event. It could also be having several teams taking part or just supporting one another to achieve our goals and improve.

The best races to be a part of are the ones where there are lots of Striders taking part and supporting one another.



Name: John Shanks **Role:** Mens Captain

Favourite Running Memory: Not a race, but the French Alps on holiday is probably where I felt happiest running. Navigating through the trails, getting above the treeline and enjoying the views. Didn't spend long enough there, hopefully get back there again soon.

Best Running Achievement: Winning a trail race up in Scotland or a local 10k in my wife's hometown might be my best.

What I love about running: You can do it anywhere, anytime. It's the best method of clearing the head after a stressful day at work, or kicking off the day first thing in the morning.

Worst running memory: Stirling Marathon. Turned out I overtrained ahead of this race, severe chest pains & vomiting after and it took me months to recover.

Favourite Race: Chevin Chase.

Favourite Running Distance: 10k

Top Running Tip: Train consistently. Get a weekly routine that fits your lifestyle and stick to it, build speed or mileage after long base blocks. Try not to do too much too soon.

What I'm hoping to achieve in my role: Build on our social side of training and increase our presence at big events.



Name: Jon Pownall **Role:** Fell Captain

After a difficult 12 months it was nice to see fell racing return to a relatively normal level of racing over the summer. Earlier in the year we had a fantastic club result in the Bradford Millennium relay winning the mixed team event. We have also recently had a strong club presence at both the Three Peaks Marathon and the Pendle hill race. Finally, we have had lots of individual success at various races across numerous distances and terrains.

Moving into 2022 and building on the success of the Bradford Millennium Way relay (BMW). I would like to enter teams for both the BMW, Calderdale Relay and British Fell relays. On the Facebook page we have also discussed the idea of running a monthly Saturday morning run out in the hills which I'm keen to help facilitate. I would also like to see the return of quarterly Fell meetings.

A final note, at the start of the season we attempted to simplify the fell champs for the year as the number of events and limited entry may have made it more difficult to score this year, however, I have not had any uptake on this and have therefore contacted the great oracle that is Steve Webb to see if we can get this sorted.

Taking over from the fantastic Ross Bibby at the start of the year I have found it challenging. I would like to continue in the role but feel I need to ask for more support where needed. Steph has very kindly added me into a group containing the new team captains and this will be a massive help. I will also talk to the ever-committed Dave Middlemas to see if he would like to support me in the role.

Juniors Report

Membership

For last year's Annual Report, I stated that between 1 September 2019 and 31 August 2020 our junior membership dropped from 111 to 93.

During the rest of 2020 (our extended membership year) we recruited 18 new members who paid a small fee for the rest of the year.

From 1 January 2021 to 31 August 2021 (the end of the financial year), 18 resigned, 9 transferred to the adult section (including 7 to a new category "young adults"), 84 renewed (including all the 18 who joined in late 2020), and 24 joined, giving a total of 108, so we have nearly bounced back!

During the year, 3 juniors have transferred their first claim allegiance to Leeds City AC but still remain second claim members with us. We have 3 other second claim members, 2 with Leeds City and 1 with Skyrac. We know that we aren't able to offer more than one training session a week, nor experienced event coaches, nor regular higher-level competition in the Youth Development League. So, we have to be pleased that these athletes are ready to move on (but hopefully stay with us for local events such as Peco). Our strength is to train a large number of juniors, improve their fitness and athletics skills, and offer them the opportunity to compete at whatever level suits them, from parkrun and Peco, through to West Yorkshire, Yorkshire, Northern and National Championships, also offering a wide breadth of athletics - road running, cross country and track & field.

Since 1 September 2021 (the new financial year) a further 14 have joined.

Training

Of the 53 Tuesdays between 1 September 2020 and 31 August 2021, we lost 15 training nights to lockdowns (4 last November, 11 this January to March), 4 to weather and 1 when the club went en masse to the Golden Acre Relays. We trained 24 weeks at Leos and 9 at the Grammar School at Leeds) (GSAL).

For the 33 weeks that we met to train, average attendance was 56 and the highest 73 (equalling our all-time record). During lockdowns, an average of 24 reported their training.

All training (including lockdown) counted towards attendance medals for 25 appearances (bronze), 50 (silver) and 100 (gold). During the year, we presented 11 gold, 9 silver and 23 bronze to add to the 27 gold, 127 silver and 154 bronze since we started junior sessions in June 2012. We will reach our 15,000th individual attendance in December. Also, during December, we will be presenting an award to our first junior member to reach 200 sessions.

Between September and December 2020, we were still working under lockdown rules with a maximum group size of 6 being 5 juniors and a parent to lead the group. We had timeslots at 4:45, 5:30 and 6:15 with a maximum of 5 groups (and 5 activities) at each timeslot. We did try 6 activities a couple of times but it was cramped.

When resuming in April 2021 we were able to expand the group sizes and since then we have worked with the 3 timeslots (4:45, 5:30 and 6:15), a maximum of 4 groups and 4 activities per timeslots and a maximum of 12 juniors per group.

For training at GSAL in Summer 2021 we ran 2 timeslots (6:10 and 7:10), also with 4 groups. The 4 activities were 80metres, 400metres, long jump and shot. GSAL very kindly let us have the extra hour free of charge. The one disadvantage from previous years was that we couldn't meet there after the first week in September as it was too dark at 8pm. But for that final week, we invited all juniors to come at 6:10pm, organised the groups by gender and age, and had a sports day, awarding trophies to who we considered the best athlete in each gender /age group. 73 attended the Sports Day.

Since 1 September 2021, we've had 10 training dates (lost 2 to weather), with an average of 68 and the highest was 78 -- an all time record.

Coaching and Leading

A huge "thank you" to all the parents who've helped over the last year. Prior to Covid, we used to have four groups each week with four parents leading from a pool of 6 or 7. During the peak of CoVid, when allowed to train, we'd have 10 to 14 parents leading and now we regularly have 9 groups with 2 parents leading each group. It is wonderful that so many parents are actively involved and I suspect that it doesn't happen to this extent at many other clubs.

Congratulations to Alex Gostling who qualified as an Athletics Coach during the year.

Since November 2021, we've introduced a road session on the Buckstone Estate for one of the groups at the 6:15 timeslot. This has been led by Richard Irvine and Alex Gostling and is by invitation only to the older juniors (usually year 8 and above) who are more competitive (usually competing in West Yorkshire League and above). Richard and Alex have been supported by 2 or 3 parents out with the group.

Development

Over the years, and particularly in the last year, our older juniors have moved up to the Main Adult Tuesday Group or to the Intermediates Group. This pathway is documented on the website. Tom Thomas has recently volunteered to liaise between the groups and support the juniors in their moved. As one of our fastest adult runners and also a school teacher he has the ideal background for this, and as soon as he gets into the job I'm sure he'll be in contact.

Competition

There was no racing between September 2020 and May 2021, but, during this time, the juniors continued competing in virtual events against the other 9 junior clubs in Leeds. There had been 3 of these events in Summer 2020 and there were 3 more going into 2021. I'm pleased and proud to report that Valley Striders won the primary schools category and the secondary schools category in both the final two events. We presented the trophies that we had won to those who had taken part in all 6 events – Freya & Lars Hunter, Rebecca Kingston, Jamie & Toby Walker, and Sammy Whitehouse.

Competition resumed with the Eccup Junior Races in late June with 39 runners. 4 of the 8 age categories were won by V S runners – Sylvie Nichols, Rafael Burton, Freya Hunter and Josie Pawley.

This was followed 9 days later by the Golden Acre Relays in July where we had 13 teams of 3 in the junior race and 2 teams of 3 juniors in the junior section of adult race (one team was junior members, the other team was young adults).

There were due to be 7 meetings of the West Yorkshire Track and Field League throughout the summer. The first was cancelled but the others took place under gradually reducing CoVid security. 18 Striders took part in at least one meeting, with Seb Watson doing all 6, Alfie Jones 5, and Edward Nabozny, Zak Reisman, Alannah Thornton and Zeekie Yansaneh all competed in 4. 17 of the 18 Striders scored points for the club

by being in the top six in an event. Seb scored most points in his age group category and won a trophy; he also scored over 40% of the points scored by V S, but unfortunately even this wasn't sufficient to stop us being relegated to division 2 next year.

There were also 2 track and field meetings at City of York AC and 13 Striders took part in one or both of these meetings. In total, 23 junior Striders took part in track and field athletics over the summer.

Since 1 September 2021, 14 juniors and 3 young adults have run in the West Yorkshire XC League. 84 juniors (including 3 young adults and 6 from our waiting list) entered the Peco XC League and 57 of these ran in the first race.

Membership Fees (and Accounting Notes)

In the 3 years previous to last year we had offered entry fees to selected local races as part of the club membership fee as an incentive to try these / take part. This scheme fell apart in March 2020 when all races were cancelled and we felt obliged to return these entry fees when members renewed for 2021 - £11 per person.

At the time of renewal, Leos were enhancing the floodlights and we asked our members whether they would waive the refund for the £11 to be specifically paid towards the floodlights. Nearly everyone did, thank you; this raised £760 and with additional donations of £140 we were able to give Leos £900 which they were very pleased to receive.

Membership fees for the year 1 January to 31 December 2022 are proposed as follows

- Junior full membership (weekly training) £40 (no change)
- Junior limited training (10 sessions or fewer) £20 (no change). The junior limited training option also to
- Juniors school year 1 and below will also be charged £20 but with no limit on sessions – there are no races accepting this age group and we offer training sessions to them when spaces permit and when ground conditions are suitable.
- Junior social membership (no training, no competition other than parkrun) £5 (no change)
- Those juniors competing in West Yorkshire League and higher competition for which England Athletics affiliation is needed will pay an additional £18 to cover the EA and Northern Athletics affiliation fees. This money will be paid on to EA/NA.

As we made a small profit (£744) in 2020/21 we are giving a discount on the above fees to those renewing who took part in the Eccup Junior Races (£4) and Peco Races (£1.50 per race for first 3 races), effectively reintroducing the race entry incentive but in arrears. Note that entry fees for Golden Acre Relay were paid by the club at time of entry.

We forecast income of

- 80 members at £40 = £3200
- 10 members at £20 = £200
- Note that two-thirds of this goes into the 2021/22 club accounts and one-third into the 2022/23 accounts. We tend not to recruit members during the winter but do recruit in spring when light evenings return. Anyone joining in April would pay £30 but of this, £16.67 would go into the 2021/22 accounts and £13.33 into the 2022/23 accounts. So recruitment of new members doesn't have a huge impact on the 2021/22 accounts.

Our main expenditure is forecast to be

- £2,000 for use of Leos playing fields and floodlights and access to clubhouse
- £400 for 10 sessions at GSAL next Summer
- £100 for medals and other awards

This should leave a surplus of about £1,000 which we could (and should use) for

- Training of coaches (£300) and/or leaders (£150)
- Awards for competition (e.g. sports day)
- Refunding of race entry fees for 2022 in the 2023 membership fees.

Social / Communication

A disadvantage of the 3 timeslots is that sometimes I feel we are three separate clubs in that those at any one timeslot have only met those in the other two at the Sports Day and at events.

I hope we can reintroduce hot food at Leos after training. We would have to have 3 timeslots for this too, but actually this would make it more manageable for the catering staff – when we used to have just one session it uses to take a long time to serve a queue of 40.

Feedback

We have set up a Facebook Group for parents who have volunteered to lead groups. This has already generated ideas for different activities.

I would welcome any other feedback for improvements – please email the juniors@valleystriders.org.uk email address.

More Thank Yous

Thank you to head junior coach Richard – we frequently have chats in the evenings to plan what we’re going to do next. I look after the spreadsheets and Facebook while he looks after the coaching.

And a special thank you to Paul Furness – not a parent but a V S runner who I used to run with (or usually behind) in the 1990’s. He initially came fortnightly to lead the long jumping at GSAL, but this year also came to the sessions at Leos to help set up the equipment and then support the groups. He has now moved house to Boroughbridge but has promised to come back and lead long jump at GSAL next summer. Paul has also been a field events judge in the West Yorkshire League for the last 3 years, enabling us to satisfy the condition of entry to the league that each club must provide 2 volunteers.

Bob

Appendix

A. Accounts

TRANSACTIONS SUMMARY

New year 2021-22 Forecast			Year just ended 2020-21			2020-21 v. 2019-20	Previous year 2019-20		
INCOME	EXPENSE	NET	INCOME	EXPENSE	NET		INCOME	EXPENSE	NET
£	£	£	£	£	£	£	£	£	

SENIORS

INCOME							
MEMBER SUBSCRIPTIONS							
First Claim Subs - one third of previous year B/F	1,153.36	1,153.36	1,047.50	1,047.50			
First Claim Subs - late joiners: Sep-Dec		0.00	43.75	43.75			
First Claim Subs - current year renewals: Jan-Dec	3,505.00	3,505.00	3,384.00	3,384.00		3,142.50	3,142.50
First Claim Subs - 2021-22 prompt payment 20% discount		701.00					
First Claim Subs - one third of renewals C/F		1,168.33		1,153.36			1,047.50
Second Claim Subs - one third of previous year B/F	40.00	40.00	51.67	51.67			
Second Claim Subs - current year renewals: Jan-Dec	120.00	120.00	108.75	108.75		155.00	155.00
Second Claim Subs - 2021-22 prompt payment 20% discount		24.00					

Second Claim Subs - one third of renewals C/F		40.00	-40.00	40.00	-40.00		51.67	-51.67
Social Subs - one third of previous year B/F	38.41		38.41	52.50	52.50			
Social Subs - current year renewals: Jan-Dec	110.00		110.00	115.00	115.00		157.50	157.50
Social Subs - 2021-22 prompt payment 20% discount		22.00	-22.00					
Social Subs - one third of renewals C/F		36.67	-36.67	38.41	-38.41		52.50	-52.50
EA previous year overpayments (£1 pp) B/F and refunds				222.00	190.00		222.00	-222.00
EA memberships - late joiners: Sep-Mar				35.00	30.00		300.00	300.00
EA memberships - current year renewals: Apr-Mar	4,288.00	4,288.00	0.00	3,751.00	3,750.00	1.00	3,612.00	3,390.00
Northern Athletics memberships - Oct-Sep. income	500.00		500.00	500.00	500.00		454.00	512.00
Northern Athletics memberships - payment (Oct'20-Sep'21 was "free")		498.00	-498.00	500.00	-500.00			
SUB-TOTAL			2,976.77			3,609.40	1,364.07	2,245.33
OTHER INCOME								
Bank Interest	1.00		1.00	0.70	0.70		8.47	8.47
Donations to the club (Overpayments)				5.00	5.00		16.00	16.00
(Meanwood Valley Trail Race - Sept 2020 & 2021 cancelled)							2.00	2.00
SUB-TOTAL			1.00		5.70	-1,718.77	3,254.50	1,556.50
INCOME TOTAL			2,977.77		3,615.10	-354.70		3,969.80

EXPENDITURE							
FEES PAID							
Leo's Fees (split 50/50 with Juniors)	2,000.00	-2,000.00	2,000.00	-2,000.00		1,500.00	-1,500.00
British Triathlon Fed. (split 50/50 with VSCC)	77.50	-77.50	77.50	-77.50		75.00	-75.00
EA Club Affiliation (split with Juniors)	110.00	-110.00	110.00	-110.00		107.00	-107.00
Yorks Vets Affiliation. (No charge for 2021)	16.00	-16.00				16.00	-16.00
(1-off adjustment: 3m Leo's Fees paid from reserves in 19-20)						500.00	500.00
(Leos Fees paid from MVTR'19 profits)						500.00	-500.00
SUB-TOTAL		-2,203.50		-2,187.50	-489.50		-1,698.00
TEAM RACES ENTERED AND PAID FOR BY THE CLUB							
Bradford Millennium Way relays	160.00	-160.00	160.00	-160.00			
(Calderdale Way relays)							
(National Autumn fell relays)						145.00	-145.00
(National Autumn road relays)						54.00	-54.00
(National Autumn XC relays)						64.00	-64.00
(National XC championship)	100.00	-100.00			63.00	139.30	-76.30
(Northern Autumn road relays)						48.00	-48.00
SUB-TOTAL		-260.00		-160.00	227.30		-387.30
OTHER EXPENDITURE							
Awarded and purchased Grand Prix T-Shirts	250.00	-250.00	226.00	-226.00		32.00	239.00
Donation to Zarach of 2019-20 profits			209.00	-209.00			
Sundries - postage			3.90	-3.90			
Runners' Awards	60.00	-60.00	60.00	-60.00		96.98	-96.98

(Coaching Courses)						30.00	-30.00
(Donation to Matthew Adcock's charity fund in 2019-20)						180.00	-180.00
(1-off adjustment - Above donation funded from reserves in 2019-20)					180.00		180.00
(Donation to Leo's for Crag Lane resurface)						500.00	-500.00
(1-off adjustment - Above donation funded from reserves in 2019-20)					500.00		500.00
(Donation to Lineham Farm from MVTR'19)						600.00	-600.00
(Donation to Matthew Adcock's charity fund from MVTR'19)						600.00	-600.00
(Cones for training sessions)						9.99	-9.99
(Reels for holding barrier tape)						31.15	-31.15
SUB-TOTAL		-310.00		-498.90	1,076.22		-1,575.12
EXPENDITURE TOTAL		-2,773.50		-2,846.40	814.02		-3,660.42

MEMBER SERVICES										
SOCIAL ACTIVITIES AND KIT										
(Striders hoodies and buffs)						1,236.60	1,245.18	-8.58		
(Christmas Party'19 (not held in 2020))						770.00	625.76	144.24		
(Donation to Lineham Farm from Christmas Party'19 Raffle)							144.24	-144.24		
SUB-TOTAL		0.00		0.00	8.58				-8.58	
TEAM RACES ENTERED AND PAID FOR BY MEMBERS										
Late payments for races entered in previous year			15.00	15.00						
(YVAA cross-country)						6.00	6.00	0.00		
(YVAA Summer road relays)						138.00	144.00	-6.00		
(Leeds Country Way Relay - 2020 event cancelled)						528.00	528.00	0.00		
(Northern Cross Country Championship - 2021 event cancelled)						150.45	152.00	-1.55		
(West Yorks Cross Country Series - 2020-21 events cancelled)						505.00	511.50	-6.50		
(Yorkshire Cross Country Championship - 2021 event cancelled)						217.00	218.85	-1.85		
SUB-TOTAL		0.00		15.00	30.90				-15.90	
MEMBER SERVICES TOTAL		0.00		15.00	39.48				-24.48	
SENIORS TOTALS	9,755.77	9,551.50	204.27	9,331.87	8,548.17	783.70	498.80	15,928.02	15,643.12	284.90

TRANSACTIONS SUMMARY

JUNIORS

New year 2021-22 Forecast			Year just ended 2020-21			2020-21	Previous year 2019-20		
INCOME	EXPENSE	NET	INCOME	EXPENSE	NET	v. 2019-20	INCOME	EXPENSE	NET
£	£	£	£	£	£		£	£	£

INCOME							
MEMBER SUBSCRIPTIONS							
Juniors Subs - third of prev. yr plus unused race entries B/F less refunds	1,255.10	1,255.10	1,568.00	726.00	842.00		
Juniors Subs - late joiners: Sep-Dec		0.00	153.75		153.75		
Juniors Subs - current year renewals: Jan-Dec	3,400.00	3,400.00	3,540.15		3,540.15	1,866.00	1,866.00
Juniors Subs - one third of renewals C/F		1,133.33		1,255.10	-1,255.10		622.00
SUB-TOTAL		3,521.77			3,280.80	2,036.80	1,244.00
TEAM RACES ENTERED AND PAID FROM SUBS							
(Junior entry fees for 10 listed races)						1,671.00	1,671.00
(Peco Junior XC entries - all other planned races cancelled)							378.00
(Adjustment - Unused race entries carried forward)							946.00
SUB-TOTAL		0.00			0.00	-347.00	347.00
OTHER INCOME							
Donations to the club			9.00		9.00		
SUB-TOTAL		0.00			9.00	9.00	0.00
INCOME TOTAL		3,521.77			3,289.80	1,698.80	1,591.00

EXPENDITURE							
FEES PAID FROM SUBS							
Leo's Fees (split 50/50 with Seniors)	2,000.00	-2,000.00	2,000.00	-2,000.00		2,000.00	-2,000.00
EA Club Affiliation (split with Seniors)	40.00	-40.00	40.00	-40.00		43.00	-43.00
(1-off adjustment: 3m Leo's Fees paid from reserves in 19-20)						500.00	500.00
SUB-TOTAL		-2,040.00		-2,040.00	-497.00		-1,543.00
OTHER EXPENDITURE							
Attendance Awards (e.g. 25/50/100 training session medals)	100.00	-100.00	91.70	-91.70		115.10	-115.10
Grammar School Track Fees	400.00	-400.00	211.20	-211.20			
New incentive awards	200.00	-200.00					
Coaching Courses	450.00	-450.00				10.00	-10.00
(Donation to Leo's for Crag Lane resurface)						500.00	-500.00
(Donation to Matthew Adcock's charity fund)						70.00	-70.00
(Adjustment - Above donations funded from Club reserves)						570.00	570.00
SUB-TOTAL		-1,150.00		-302.90	-177.80		-125.10
TEAM RACES ENTERED, PAID OR PART-PAID BY CLUB							
Golden Acre Relays - Paid for by the club	125.00	-125.00	2.50	125.00	-122.50		
SUB-TOTAL		-125.00			-122.50	-122.50	0.00
EXPENDITURE TOTAL		-3,315.00		-2,465.40	-797.30		-1,668.10

MEMBER SERVICES										
TEAM EVENTS ENTERED, PAID BY MEMBERS										
WY Track & Field Events			272.50	272.50	0.00					
City of York Track & Field Events			0.00	10.00	-10.00					
(West Yorks Cross Country Series - 2020-21 events cancelled)							180.00	175.00	5.00	
(Northern Cross Country Championship - 2021 event cancelled)							72.55	72.55	0.00	
SUB-TOTAL		0.00			-10.00	-15.00			5.00	
LEO'S FLOODLIGHTS										
Donations for Leo's pitch floodlights			900.00	900.00	0.00					
SUB-TOTAL		0.00			0.00	0.00			0.00	
SOCIAL ACTIVITIES AND KIT										
Junior Vests			507.50	578.00	-70.50		138.00	141.95	-3.95	
SUB-TOTAL		0.00			-70.50				-3.95	
MEMBER SERVICES TOTAL		0.00			-80.50	-81.55			1.05	
JUNIOR TOTALS	4,655.10	4,448.33	206.77	6,953.40	6,209.50	743.90	819.95	4,997.55	5,073.60	-76.05

BALANCE SHEETS

	New year 2021-22 Forecast	Year just ended 2020-21		Previous year 2019-20
Senior Runners and general transactions				
Reserves Brought Forward from Previous Year	9,249.29	8,465.59		9,360.69
Transactions Summary (Profit/Loss)	204.27	783.70	498.80	284.90
(One-off donations paid from Club reserves)				(M.Adcock & Crag Ln) -680.00
(One-off Leo's fees paid from Club reserves)				(3 months) -500.00
Reserves Carried Forward into Next Year	9,453.56	9,249.29		8,465.59
Membership subs carried forward into Next Year	(4 months) 1,245.00	(4 months) 1,231.77		(4 months) 1,151.67
(EA mbrshp overpayments carried forward into 2020-21)				(£1 pp) 222.00
NA mbrshp pre-payments carried forward into 2021-22	(£2 pp) 500.00	(£2 pp) 500.00		
Money in bank at start of new financial year	11,198.56	10,981.06		9,839.26

Junior Runners				
Reserves Brought Forward from Previous Year	1,198.51	454.61		1,600.66
Transactions Summary (Profit/Loss)	206.77	743.90	819.95	-76.05
(One-off donations paid from Club reserves)				(M.Adcock & Crag Ln) -570.00
(One-off Leo's fees paid from Club reserves)				(3 months) -500.00
Reserves Carried Forward into Next Year	1,405.28	1,198.51		454.61
Membership subs carried forward into Next Year	(4 months)	(4 months) 1,255.10		(4 months) 622.00
(Pre-paid race entries carried forward into 2020-21)				(£11 pp) 946.00
Money in bank at start of new financial year	1,405.28	2,453.61		2,022.61

All Runners (Seniors + Juniors)				
Reserves Brought Forward from Previous Year	10,447.80	8,920.20		10,961.35
Transactions Summary (Profit/Loss)	411.04	1,527.60	1,318.75	208.85
(One-off payments from Club reserves)				-2,250.00
Reserves Carried Forward into Next Year	10,858.84	10,447.80		8,920.20
Liabilities carried forward into Next Year	1,745.00	2,986.87		2,941.67
Money in bank at start of new financial year	12,603.84	13,434.67		11,861.87

B. Membership Statistics

Membership Categories (categories marked "1st claim" include first claim affiliation to England Athletics paid via VS)	31 Aug 2017	31 Aug 2018	31 Aug 2019	31 Aug 2020	New	31 Dec 2020	Resign	Xfr Out	Renew	Xfr In	New	31 Aug 2021	New	26 Nov 2021
1st Claim	259	229	226	209	4	213	12	5	196	2	20	218	12	230
2nd Claim (inc. cyclists)	10	8	10	10		10	4		6		2	8		8
Cyclists who also run 1st claim		6	3	7	1	8			8	1		9	2	11
Honorary Life 1st claim	5	2	4	4		4		1	3			3		3
Young Adults 1st claim				0	1	1			1	8	1	10		10
Honorary Life Volunteers	14	17	15	14		14			14	1		15		15
Social (Inc. cyclists)	16	31	47	32	-1	31	11	1	19	4		23	-1	22
Volunteers (inc. juniors)	5	7	6	4		4			4			4		4
SUB TOTAL ADULTS	309	300	311	280	5	285	27	7	251	16	23	290	13	303
Juniors, first claim	9	16	19	7		7		6	1	10	3	14		14
Juniors, not affiliated	83	83	91	84		84	18	16	50	21	18	89		89
Juniors, social (not training)				2		2		1	1	1	3	5		5
Juniors, temporary	9	16	1	0	18	18		18				0	14	14
SUB TOTAL JUNIORS	101	115	111	93	18	111	18	41	52	32	24	108	14	122
TOTAL	410	415	422	373	23	396	45	48	303	48	47	398	27	425

Membership Categories	31 Aug 2021	Change on Fin Yr	26 Nov 2021	Change on Memb Yr	Comments
1st Claim	218	+9	230	+17	Gradual net increase in new members since lockdowns ended
2nd Claim (inc. cyclists)	8	-2	8	-2	
Cyclists who also run 1st claim	9	+2	11	+3	
Honorary Life 1st claim	3	-1	3	-1	
Young Adults 1st claim	10	+10	10	+9	This is a new category specifically for juniors aged 12 to 17 who train with the main adult or intermediates Tuesday groups. Previously there were very few and most were accounted for in juniors
Honorary Life Volunteers	15	+1	15	+1	
Social (Inc. cyclists)	23	-9	22	-9	Probably reduced due to perceived benefits being small
Volunteers (inc. juniors)	4	0	4	0	
SUB TOTAL ADULTS	290	+10	303	+18	
Juniors, first claim	14	+7	14	+7	Juniors only affiliate if needed for competition e.g. West Yorks track & field league and cross country league. No competitions in 2020 so affiliation low a year ago
Juniors, not affiliated	89	+5	89	+5	Gradual net increase in new members since lockdowns ended
Juniors, social (not training)	5	+3	5	+3	
Juniors, temporary	0	0	14	-4	
SUB TOTAL JUNIORS	108	+15	122	+11	This is a good result considering 9 juniors have transferred to "Adult" categories.
TOTAL	398	+25	425	+29	Gradual net increase in new members since lockdowns ended